## Screening recommendations for

# chlamydia and gonorrhea during pregnancy in Canada, 2023



An update from the National Advisory Committee on Sexually Transmitted and Blood-Borne Infections (NAC-STBBI)

Screen all asymptomatic pregnant women/pregnant individuals (PWPI) for Chlamydia trachomatis (CT) and Neisseria gonorrhoeae (NG)

#### SCREEN DURING PREGNANCY

During the first trimester or at the first antenatal visit AND again in the third trimester\*

\* Conditional recommendation; low certainty evidence

#### **SCREEN AT THE TIME OF LABOUR**

In any of the following situations\*:

- No prenatal screening has occurred (no valid results available at the time of labour)
- Third trimester screening has not occurred
- A positive test result was obtained for CT or NG during pregnancy without appropriate follow-up, including treatment and a test-of-cure

\* Conditional recommendation; low certainty evidence

### CT and NG cases are increasing

33%

increase in overall **chlamydia** rates from 2010 to 2019

increase in overall 182% Increase in overall gonorrhea rates from 2010 to 2019

Untreated CT and NG in pregnancy can cause adverse pregnancy outcomes (e.g., pre-term birth) and serious illness in neonates (e.g., ophthalmia neonatorum, neonatal pneumonia)

Routine screening can help identify CT and NG to protect the health of **PWPI** and their neonates

#### For more information, visit PHAC's STBBI Guides for Health Professionals

https://www.canada.ca/en/public-health/services/infectious-diseases/sexual-health-sexually-transmitted-infections/canadian-guidelines.html

#### SOURCE

National Advisory Committee on Sexually Transmitted and Blood-Borne Infections (NAC-STBBI). Recommendations on Screening for Chlamydia trachomatis and Neisseria gonorrhoeae in Pregnancy. 2023 [cited 2023 Aug 30]. Available at: https://www.canada.ca/en/public-health/services/infectious-diseases/sexual-health-sexually-transmitted-infections/canadian-guidelines/national-advisory-committee-stbbi/statements /recommendations-screening-chlamydia-trachomatis-neisseria-gonorrhoeae-pregnancy.html



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