

What is Positive Father Involvement

Healthy families come in many forms.

Positive Father Involvement (PFI) is essential.

While it is important for fathers to have the time to be with their children, the most influential factor impacting PFI is the quality of the relationship between father and child.



Positively Involved Fathers:

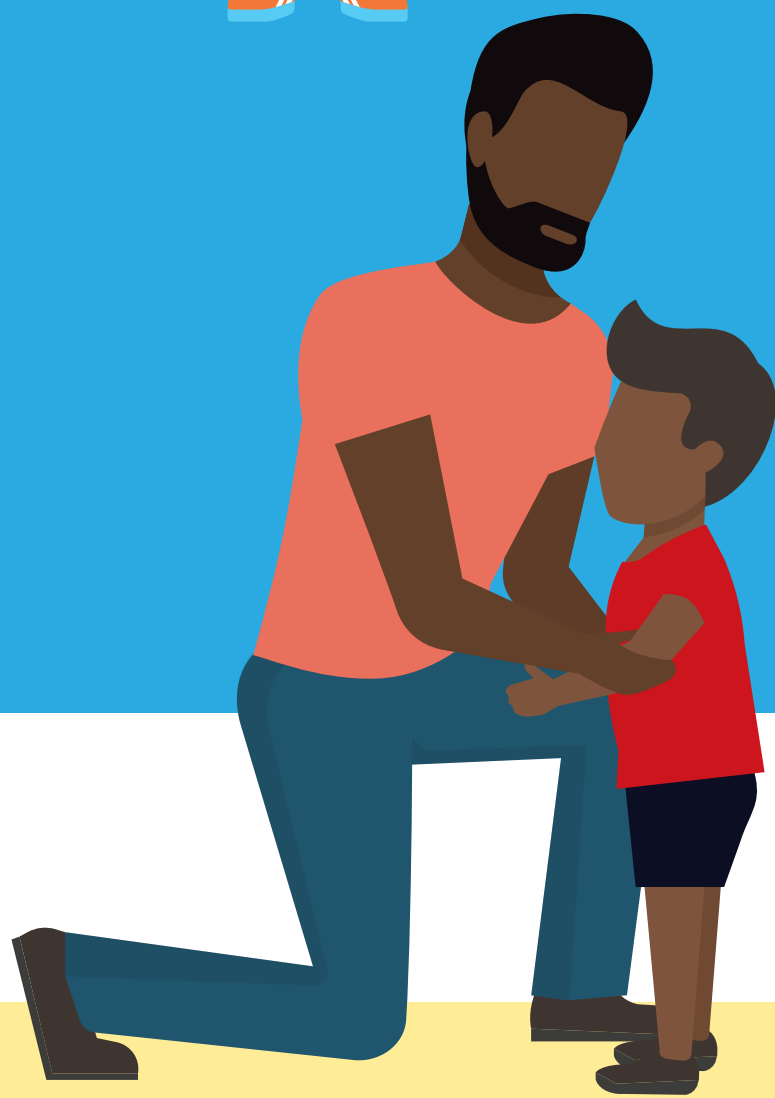
View their role as a co-parent rather than a "helper"

Have warm, loving relationships with their children



Adjust their involvement to meet the needs of the child

Engage in diverse forms of parenting including play, and discipline



Three aspects of PFI

Engagement

Direct, one-on-one time with a child

- Activities like changing diapers, bathing, or feeding an infant
- Reading to a child, taking them to the doctor, or helping with homework

Accessibility

Indirect involvement and availability of the father to the child

- Includes preparing food for the child, being available to answer questions, or taking time off work to be with a sick child

Responsibility

Attitude and commitment of a father to their child

- A father's willingness or desire to be involved, taking initiative for what needs to be done for the child and the family, and commitment to the child and family

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