

What is FluWatchers?

FluWatchers is an online health monitoring platform that helps track the spread of respiratory illnesses across Canada.



TRADITIONAL HEALTH SURVEILLANCE

- death
- severe illness
- diagnosed illness

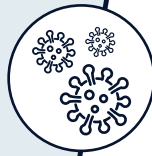


Why is FluWatchers important?

- Traditional ways of tracking diseases require a person to see a health care practitioner and get tested.

FLUWATCHERS

- undiagnosed illness
- mild illness
- healthy



- Most people with mild flu-like symptoms don't seek any medical care.



- The FluWatchers program captures information on these individuals to get a better sense of flu-like illness in the community.

Who can participate?

Anyone who lives in Canada can participate, and participants can also report on behalf of household members



We need your help!

- Join FluWatchers and answer a **quick** and **anonymous** questionnaire each week on whether you've had a cough or fever or were healthy.
- Spread the word! Tell your network about FluWatchers and share the registration link!

