



Fair, safe and productive workplaces

# Labour Program

## ATTENTION YOUNG WORKERS!

Forty percent of all workplace injuries happen during the first six months on the job. All of these injuries are preventable. Know your rights and responsibilities; inform yourself to protect yourself!

### »» COMMON JOB HAZARDS

- »» **Physical:** slips, trips, falls, noise, heat
- »» **Chemical:** dangerous and/or unlabelled liquids, gases
- »» **Biological:** body fluids, mould, bacteria
- »» **Ergonomic:** improper lifting, repetitive strain
- »» **Psychosocial:** bullying, overly demanding schedule



### »» WORKPLACE SAFETY TIPS

1. Get the training you need to be safe
2. Ask for supervision
3. Identify risks
4. If you don't know, ask
5. Report hazards to your manager
6. If you're hurt, tell someone
7. If something is bothering you, speak up



Be a workplace health and safety leader!  
Ask your supervisor how to get involved.

### »» EMPLOYER'S OBLIGATIONS AND RESPONSIBILITIES

1. Inform you of the hazards in your workplace
2. Provide you with safety gear and training
3. Implement and enforce appropriate workplace health and safety policies
4. Do everything reasonable to protect you from work-related injuries and illnesses

### »» EVERY WORKER IN CANADA HAS THE RIGHT TO:

- » Know about the hazards in their workplace and how to protect themselves;
  - » Participate in workplace injury and illness prevention;
  - » Refuse dangerous work
- »» *These rights are protected under Part II of the Canada Labour Code*

### »» EVERY WORKER IN CANADA HAS THE RESPONSIBILITY TO:

- » **Work safely:** protect yourself and co-workers from harm
- » **Report:** hazards or injuries to your manager
- » **Follow:** the health and safety rules
- » **Wear:** the safety gear required for the job

For information on **health and safety or to report a serious injury**, call the Labour Program toll-free at **1-800-641-4049**

For more information on how to stay safe on the job, **visit: [Labour.gc.ca/youngerworkers](http://Labour.gc.ca/youngerworkers)**